



# Floortime at the Children's Developmental Center

*An evidence-based intervention for young children and families with developmental challenges, including autism spectrum disorders*

## What is Floortime?

Developed by the late Dr. Stanley Greenspan, Floortime is a developmental and relationship-based approach focusing on a child's individual needs to support development and learning.

Floortime providers work together with parents and caregivers to understand and promote a child's social-emotional, language and cognitive development. Through play-based interactions and relationships, the child develops relating, communicating and thinking skills to support their full learning potential.

The main principles of Floortime include following the child's lead by starting with the child's natural interests, and then building and expanding those interests to support an emotional connection for learning.

## Floortime Areas of Focus

- Functional Emotional Development Capacities 1-4
  - Shared attention and regulation
  - Engagement and relating
  - Purposeful communication
  - Complex communication and problem solving

## Floortime Setting

- DIRFloortime® basic certification providers include a developmental specialist and child psychologist
- Floortime can be provided in the child's home or clinic setting

## Cost

- We accept many insurance plans and also have private pay options available

**For additional information, please contact us  
at (602) 468-3430 or [CDcenter@swhd.org](mailto:CDcenter@swhd.org)**

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